



TapDancing Lizard™ LLC



Hennapedia

The Henna Page

Henna for Hair

TapDancing Lizard

Mehandi

HennaConference.com

Harquus

Mehandi.com and HennaforHair.com

339 Tallmadge Rd. Kent, Ohio 44240 Order and Help Desk: Phone 330-673-0600

Email: info@mehandi.com**Pure plants for hair dye and conditioning: no metallic salts, no synthetic dyes**

Merchandise	Quantity	Price	Total
SAMPLES (about 3 g): No additional shipping charge on sample items!			
Ancient Sunrise® Rajasthani Twilight Henna Batch #080111		\$1.50	
Ancient Sunrise® Henna for African Hair Batch #021110		\$1.50	
Ancient Sunrise® Sudina Henna Batch #071210		\$1.50	
Ancient Sunrise® Yemen Light Batch # 082410		\$1.50	
Ancient Sunrise® Indigo Batch #102610		\$1.50	
Ancient Sunrise® Cassia Obovata Batch #090910		\$1.50	
Emblica Officinalis: Amla		\$1.50	
Buxus Dioica		\$1.50	
Zizyphus Spina Christi		\$1.50	
Citric Acid		\$1.50	
Cloves		\$1.50	
Dried Limes		\$1.50	
3 Carrot Bags for applying henna		\$1.50	
LARGER QUANTITIES: Add shipping on the items below.			
<i>Note: All hennas under the Ancient Sunrise brand are tested by Alkemists Pharmaceuticals for dye content, pesticides and contaminants. All Ancient Sunrise hennas are certified 100% pure!</i>			
HENNA			
Ancient Sunrise® Rajasthani Twilight Henna #080111 2.9% lawsone! Completely free of lead, pesticides, adulterants and contaminants!			
100g		\$8.00	
500g	<i>Discounts included in larger quantities – buy more and save!</i>		\$37.50
1000g		\$70.00	
2000g		\$130.00	
Ancient Sunrise® Henna for African Hair #021110 2.2% lawsone, 0% contaminants, 0% pesticides			
100g		\$7.50	
500g	<i>Discounts included in larger quantities – buy more and save!</i>		\$35.00
1000g		\$65.00	
2000g		\$120.00	
Ancient Sunrise® Sudina Henna #071210 2.23% lawsone, pesticides and lead within EPA safe limits			
1000g (1 kilo - ten 100g packets in a one-kilo box)		\$40.00	
2000g (2 kilos – two boxes with ten 100g packets in each box)		\$75.00	
Ancient Sunrise® Yemen Light #0082410 1.67% lawsone, 0% contaminants, 0% pesticides			
100g		\$7.00	
500g	<i>Discounts included in larger quantities – buy more and save!</i>		\$32.50
1000g		\$60.00	
2000g		\$112.00	
BAQ Jamila 2009 Bulk Package FANTASTIC LOW PRICE! 1.19% dye content			
100g		\$5.00	
500g	<i>Discounts included in larger quantities – buy more and save!</i>		\$22.50
1000g		\$40.00	
2000g		\$75.00	
INDIGO			
Ancient Sunrise® Indigo #102610 lab-certified to have NO PPD, lead, pesticide residue, contaminants or adulterants. pH neutral.			
Indigo 25g		\$4.50	
Indigo 100g		\$8.00	
Indigo 500g	<i>Discounts included in larger quantities – buy more and save!</i>		\$37.50
Indigo 1000g		\$70.00	
Indigo 2000g		\$130.00	

Ancient Sunrise® CMC Powder – add to your indigo for a creamier, more manageable mix!			
2g packet – enough for 100g of indigo		\$1.50	
BUXUS			
Buxus Dioica (katam) 100g		\$5.50	
Buxus Dioica (katam) 500g <i>Discounts included in larger quantities – buy more and save!!</i>		\$25.00	
Buxus Dioica (katam) 1000g		\$40.00	
Buxus Dioica (katam) 2000g		\$70.00	
AMLA			
Amla Powder 25g		\$4.50	
Amla Powder 100g		\$12.00	
Amla Powder 500g <i>Discounts included in larger quantities – buy more and save!</i>		\$50.00	
Amla Powder 1000g		\$90.00	
CASSIA			
Ancient Sunrise® Cassia #090910			
Cassia Obovata 100g		\$8.00	
Cassia Obovata 500g <i>Discounts included in larger quantities – buy more and save!</i>		\$37.50	
Cassia Obovata 1000g		\$70.00	
Cassia Obovata 2000g		\$130.00	
Ancient Sunrise® Rainwash – Minerals and metallic salts from hard water can build up in your hair and change the color of your cassia! Rainwash removes the residue for great color!			
5g Single treatment packet		\$3.00	
Multipack – six 5g packets – save \$3.00!		\$15.00	
Don't know what to order? Ancient Sunrise™ Henna for Hair, Henna for African Hair, and Henna for Gray Hair kits are packaged for the color you want! Visit www.mehandi.com to order a kit!			
THINGS TO ADD TO HENNA			
Fenugreek Powder for killing head lice 25g		\$4.50	
Artemisia Powder for killing head lice 25g		\$4.50	
Ginger Powder for better smelling hair 25g		\$4.50	
Cardamom Powder for spicy smelling hair 25g		\$4.50	
TOOLS			
20 Carrot Bags		\$5.00	
8 Latex Disposable Gloves		\$2.00	
6 Nitrile Disposable Gloves		\$2.00	
SHAMPOO BARS			
4 oz Chamomile/Cassia/Mandarin Orange Mehandi Shampoo Bar		\$12.50	
4 oz Nettle/Comfrey/Peppermint Mehandi Shampoo Bar		\$12.50	
4 oz Rosemary/Sage Mehandi Shampoo Bar		\$12.50	
4 oz Lotus/Ylang-ylang Mehandi Shampoo Bar		\$12.50	
4 oz Ginger/Cardamom Mehandi Shampoo Bar		\$12.50	
4 oz Zizyphus Spina Christi and Juniper Shampoo Bar		\$12.50	
4 oz Amla Shampoo Bar		\$12.50	
4 oz Pure and Simple Shampoo Bar		\$12.50	
Dog shampoo Bar, 4 oz.		\$12.50	
Cat shampoo bar. 4 oz		\$12.50	
SOAPS			
Cedarwood Atlas Shaving Soap		\$12.50	
Amber Shaving Soap		\$12.50	
Vetiver Shaving Soap		\$12.50	
Henna, Cardamom and Vetiver Soap 120g		\$12.50	
Henna and Lavender Soap 120g		\$12.50	
Henna, Lemon and Mint Soap 120g		\$12.50	
Henna and Patchouli Soap 120g		\$12.50	
Amla and Rosewood Soap 120g		\$12.50	
LOTION BARS			
1 oz Henna Flower Lotion Bar in a Tin		\$8.00	
1 oz Henna Flower and Amber in a Tin		\$8.00	
1 oz Henna Flower, Cardamom and Vetiver Lotion Bar in a Tin		\$8.00	
1 oz Henna Flower and Lotus Lotion Bar in a Tin		\$8.00	
1 oz Henna Flower and Champa Lotion Bar a Tin		\$8.00	
BUTTERS			
120g Pure Mango Butter		\$6.00	
120g Pure Cocoa Butter		\$6.00	
PERFUMES			

1/2 dram of henna flower attar		\$10.00	
FREE Henna for Hair "How to" Henna book on CD			
Subtotal			
Ohio residents add 7% sales tax			
<i>You must pay shipping on all orders except samples -</i>			
<i>Call 330-673-0600, or email info@mehandi.com for shipping charges!</i>			
Total			

**We accept checks and money orders payable to TapDancing Lizard LLC (US\$ only).
We also accept Visa, Mastercard, Discover and American Express.
Please include an email address so we can send you your tracking information, and a phone number so we may contact you if there's a problem!**

Date	Email address	Phone
Name	Signature	
Credit card Number	Expiration	
Shipping Address		



Mehandi Henna for Hair Tapdancing Lizard™
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 Catherine Cartwright-Jones Email: info@mehandi.com

The following are very simple mixes. Learn more about how to mix and apply Cassia, Henna, Indigo, Buxus and Amla at <http://www.hennaforhair.com>, look at other people's mixes and techniques there, and ask questions on the forum! These mixes work ONLY for body art quality products from Mehandi.com and BlackCatRedCat.com ALL of our products are body art quality!

All of these 100% pure natural products can be used over synthetically dyed and processed hair, and synthetic dyes and processes can be used over these 100% pure natural products without damage.

Complete instructions can be found at <http://www.hennaforhair.com/freebooks/hennaforhair.pdf>

Put these mixes THICK into your hair! Don't just brush it on like synthetic dye; put it in thick like you're a child making mudpies.

Section your hair and get the paste down to the scalp. Use up 100g powder in every 3" of your hair.

Henna and Indigo mixes for red through black

If your hair is:	Use Henna	Use 2/3 henna and 1/3 indigo	Use 1/2 henna and 1/2 indigo	Use 1/3 henna and 2/3 indigo	Use Henna first, then indigo
Blonde	Vivid red	Light brown	Medium brown	Darker brown	Black, though it may take more than one try to get complete black.
Dark Blonde	Vibrant red	Light brown	Medium brown	Darker brown; though it may take more than one application to get it really dark.	Black, though it may take more than one try to get complete black.
Red	Vibrant red	Reddish brown	Medium brown	Darker brown; though it may take more than one application to get it really dark.	Black, though it may take more than one try to get complete black.
Medium Brown	Auburn	Medium Brown	Medium brown	Dark brown	Blue-black
Dark Brown	Dark Auburn	Dark Brown	Warm brown	Dark brown	Blue-black
Black	Black with red shimmer	Warm Black	Warm black	Warm black	Blue-black
Gray	Coppery red	Light brown	Medium brown, though it may take more than one application to get full color.	Dark brown, though it may take more than one application to get full color.	Black, though it may take more than one application to get full color

Cassia, Henna and Buxus mixes for blonde, copper red, and ash blonde through light brunette

If your hair is:	Use Cassia	Use 3/4 cassia and 1/4 henna	Use 1/2 cassia and 1/2 henna	Use 3/4 cassia, 1/8 henna, and 1/8 buxus	Use 1/2 parts cassia, 1/4 parts henna and 1/4 buxus	Use 1/2 henna and 1/2 buxus
Blonde	Glossy blonde	Reddish blonde	Fire red	Ash blonde	Dark blonde	Milk Chocolate
Dark Blonde	Glossy dark blonde	Coppery red	Fire red	Light brown	Dark blonde	Light Chocolate
Red	Glossy red	Warm red	Fire red	Red	Dull red	Cinnamon
Medium Brown	Glossy brown	Glossy brown	Red shimmer	Glossy brown	Glossy brown	Glossy brown
Dark Brown	Glossy dark brown	Glossy dark brown	Brown with Red shimmer	Glossy dark brown	Glossy dark brown	Glossy dark brown
Black	Glossy black	Glossy black	Black with red shimmer	Glossy black	Glossy black	Glossy black
Gray	Blonde/Gray	Golden copper	Fire red	Ash blonde	Dark blonde	Light Chocolate

Cassia Obovata is a plant. The powdered leaves have chrysophanic acid and tannins, which are antifungal, and will leave your hair glossy, dandruff-free, and healthy. Cassia Obovata will not change your hair color, unless your hair is white-blonde. Cassia obovata has a low content of golden dye, but it won't show up on most people's hair. Very few people are allergic to cassia, but it can happen! Test first!

Mix and apply Cassia Obovata to add golden color to graying or drab blonde hair:

- Apply Cassia Obovata to clean, dry hair.
- Mix Cassia Obovata with lemon or orange juice and let it sit overnight. Add enough water to make a paste about the consistency of stirred up yogurt.
- Section your hair, and apply the Cassia Obovata paste to your scalp, and gradually work it into all of your hair.
- Wrap your hair in plastic, and wrap a towel around that to reduce mess, and increase warmth.
- Leave the paste in your hair for 3 hours.
- Rinse the paste out.

Henna, Lawsonia Inermis, is a plant. The powdered leaves have Lawsone (hennotannic acid), a red-orange dye and antifungal, and will leave your hair glossy, dandruff-free, and healthy. Henna will penetrate and dye your hair's keratin. The resulting color will be a combination of your natural color and the red-orange henna color. Very few people are allergic to henna, but it can happen! Test first!

Mix and apply Henna:

- Apply henna to clean, dry hair.
- Mix henna with lemon juice, grapefruit juice, orange juice, rainwater, or other mildly acidic liquid, and let it sit for 12 hours at 75F or 24 C. Add enough liquid to make a paste about the consistency of stirred up yogurt.
- Section your hair, and apply the henna paste to your scalp, and gradually work it into all of your hair. Wear plastic gloves, because henna will stain your hands orange. Carefully wipe henna away from forehead and ears, because it will stain skin orange.
- Wrap your hair in plastic and wrap a towel around that to reduce mess and increase warmth.
- Leave the paste in your hair for at least an hour, and up to 6 hours. The longer you leave the henna in, the more dye will penetrate your hair. If you put a dryer bonnet on over your wrapped hennaed hair and heat it, you'll get more stain faster.
- Rinse the paste out, shampoo and condition if you wish. Any stain on skin will go away in 2 days.
- The henna stain will darken over the next 3 days.

Indigo is a plant. The powdered leaves have a natural dark blue dye. Apply indigo after henna to dye your hair jet black. Mix indigo into henna to dye your hair brown. Very few people are allergic to indigo, but it can happen. Test first!

Mix and apply Indigo for jet-black hair:

- Apply indigo to clean hair. If you want jet-black hair, henna your hair first, then indigo your hair as soon as you have rinsed the henna out of your hair. Section your hair before you begin.
- Mix indigo with water. Add enough water to make a paste about the consistency of stirred up yogurt. Many people find a spoonful of salt helps the indigo stain darker.
- Apply the indigo paste to your scalp, and gradually work it into all of your hair. Wear plastic gloves, because indigo will stain your hands blue. Carefully wipe indigo away from forehead and ears, because it will stain skin blue.
- Wrap your hair in plastic, and wrap a towel around that to reduce mess, and increase warmth.
- Leave the paste in your hair for 1 hour. If you put a dryer bonnet on over your wrapped hair, and heat it, you'll get more stain faster.
- Rinse the paste out.
- If there is a slight green color, that will go away in 1 day.

Mix and apply indigo and henna together for brown hair:

- Apply the mix to clean hair. Prepare henna paste as above. Let it sit 12 hours. Section your hair before you begin.
- Mix indigo with water. Mix henna and indigo together. The more indigo you add, the darker the brown. The more henna you add, the redder the brown. If you add a little amla to the henna mix, the brown will have a cooler tone.
- Apply the paste to your scalp, and gradually work it into all of your hair. Wear plastic gloves, because the paste will stain your hands. Carefully wipe the paste away from forehead and ears, because it will stain skin.
- Wrap your hair in plastic, and wrap a towel around that to reduce mess, and increase warmth.
- Leave the paste in your hair for 1 to 5 hours. If you put a dryer bonnet on over your wrapped hair, and heat it, you'll get more stain faster.
- Rinse the paste out.
- If there's a slight green cast, that will go away in 1 day.

Buxus Dioica, (katam) is a plant. The powdered leaves have a gray/blue/ash dye, which mutes the colors of henna. Mix henna, cassia and katam to dye your hair a range of colors from ash blonde to milk chocolate color. The resulting color will be a combination of your natural color and these dyes. Very few people are allergic to buxus dioica, but it can happen! Test first!

Mix and apply Buxus, cassia and henna:

- Apply these to clean, dry hair.
- Mix henna, buxus and cassia in the proportion you desire with lemon juice, grapefruit juice, orange juice, rainwater, or other mildly acidic liquid, and let it sit for 12 hours at 75F or 24 C. You can mix all these powders together. Add enough liquid to make a paste about the consistency of stirred up yogurt. (Note: Some folks get a better result by mixing the buxus with water and blending it with the henna/cassia paste just before application. You can also apply buxus paste as a second step after washing out the henna paste.)
- Section your hair, and apply the henna paste to your scalp, and gradually work it into all of your hair. Wear plastic gloves, because henna will stain your hands orange. Carefully wipe the paste away from forehead and ears, because it will stain skin orange.
- Wrap your hair in plastic and wrap a towel around that to reduce mess and increase warmth.
- Leave the paste in your hair for at least an hour, and up to 6 hours. The longer you leave the paste in your hair, the more dye will penetrate your hair. If you put a dryer bonnet on over your wrapped hennaed hair and heat it, you'll get more stain faster.
- Rinse the paste out, shampoo and condition if you wish. Any stain on skin will go away in 2 days.
- The henna stain will darken over the next 3 days.

Amla is a plant: Emblica Officinalis. The dried, powdered fruit has tannins, vitamin C, and is astringent. Amla adds texture, volume, wave, curl and shine to your hair. It may facilitate uptake of other dyes, but does not itself have a dye. Scrub your face and body with amla for a glowing, clean complexion. Very few people are allergic to amla, but it can happen! Test first!

Mix and apply Amla for healthy skin and hair:

- Mix amla with water in a ceramic bowl to the consistency of thick soup, and warm it in the microwave until it's hot but not boiling. Let it cool.
- Apply warm amla paste to your face and body and leave it 5 - 10 minutes, then scrub it off.
- For curly hair, section your hair, and apply the amla paste, and gradually work it into all of your hair.
- Wrap your hair in plastic, and wrap a towel around that to reduce mess, and increase warmth.
- Leave the paste in your hair for ½ hour for wavy hair, longer for curls. If amla irritates your skin, wash it out sooner.

- Shampoo the paste out.

Add Ginger Root Powder to your henna if you don't like the lingering smell.

Remember: Everybody's allergic to something And no matter what it is, somebody's allergic to it. Test first!

- Don't add coffee to your mix. It smells bad, gives you're the jitters, and doesn't change the color.
- Lemon juice is your best bet for henna, but it might be too harsh for your scalp and hair. If your hair seems dry or your head itches, switch to orange juice.
- Don't add boiling water to your mix. That will make your henna will fade fast.
- Don't use vinegar or wine to mix your henna unless you can cope with a really stinky mix.
- Freeze your extra henna powder and extra henna paste. Frozen henna is food for many months.
- Do not freeze your indigo powder. That will kill it. Keep your indigo powder in a dark drawer. You cannot save leftover indigo mix. It will demise within one hour.
- Do not use terps in your mix. It doesn't help the stain in hair (only on skin) and it will give you a headache.
- **Do not use any of these products on your eyelashes or eyebrows! It's like having an eyeful of mud!**